**Laura Simon-Sulzer. M.A.**

**2014 to Present:** Certified Recovery Coach. Addiction professional since 2008.

Funder and CEO of Custom Addiction Recovery Anonymous, LLC. CARA, LLC.

**2018 to Present:** Specialized with success in the Treatment of Emotional Codependency as an addiction. (ETC: Treatment of Emotional Codependency).

 **Training:**

**Still now:** Continuous training at the Institute of Coaching (Harvard Medical School). Specialization in the treatment of codependents.
**2013-2014**: Intensive training with the APBLC (Addiction Professional Business Learning Collaborative), and NAADAC (National Association for Addiction Professionals) and SAMHSA.
**2013-2014:**  Shadowed Dr. Liz Stuller, addiction psychiatrist, who works on SPECTs (scans) of the brain.  Good knowledge of brain neurological functions and damage.  Provided therapy to Dr. Stuller’s patients.
**2012-2013:** Post-graduate training by Colombia University and Hazelden-Betty Ford on integrated treatment for dual-diagnosis patients.

**2011:** Virginia Hospital Center, Arlington, VA, psych and addiction unit. Addiction counselor.
**2010:** Kolmac Clinic, Maryland.  Addiction counselor.
Article published in Behavioral Health Magazine on addiction in the military.
**2009:** Northern Virginia Mental Health Institute. Addiction counselor.
**2008:** Internship at the Walter Reed Army Medical Center at the ASAP (Army Substance Abuse Program). Experience with PTSD from combat and co-occurring disorders.
**2006-2009:** Masters in addiction disorders at the Breining Institute, CA.

Thesis: “Opioids’ Addiction in the U.S. Military from the Civil War to Iraq/Afghanistan.”  Rated A. Masters GPA: 3.96/4.00. Anticipation of the opioid’s epidemics in the U.S.A.

 **Journalist... in recovery.**

**2019:** Published "les Bobos Americains" (editions Balland, Paris).

**From 1981 to 2006**: Journalism, interviews, reporting, war reporter, Bureau Chief  for the French National Public Radio network, White House Correspondent.1981-2005: Radio France. French national Public Radio (45% of the national audience). Professor of Journalism.
**Honors:** French Ordre National du Mérite at age 38 by French President Jacques Chirac.
**Languages:** Fluent in English (spoken/written), fair Italian, French first language.
U.S. Citizen.
**Personal:** Sober alcoholic since1999. In recovery from heroine (since 1980), benzodiazepines, sugar, caffeine, and codependency.

**Personal skills:** Excellent communication skills. Empathic but not easily manipulated. Leadership skills. Smart (IQ test rate = 139 when still active in my addictions). Personal knowledge of and experience in many countries, and cultures (from numerous travels as a war reporter). Intellectually curious. Teachable. Hard worker who knows her limitations and puts her own recovery first to help other addicts better.